

Calling all cooks! Are you a FOL member with a favorite recipe? Do your friends and neighbors brag about your barbeque? Then we're looking for you!

We're creating a FOL cookbook as a fundraiser for the library. We're looking for recipes in the following cookbook categories: Appetizers and Beverages, Soups and Salads, Main Dishes, Veggies/Side Dishes, Quick Meals, International, Healthy/Low Fat, Slow Cooking/Crockpot, Barbeque, and Desserts.

Recipes can be sent in by email at: folcookbook@gmail.com or by U.S. mail at P.O. Box 1024, Alameda, CA 94501. Please write "recipe" on the envelope when sending by U.S. mail. Please include a phone number with your submission in case we have questions and need to contact you. Please note there is a five (5) recipe limit per member.

Please send in your recipes by October 15, 2011.

Some helpful tips for writing recipes are below:

1. List ingredients in order of use and make sure all ingredients are accounted for in the directions.
2. Use ingredient names in the directions, e.g., use "Combine flour and sugar" rather than statements such as "Combine the first two ingredients."
3. Include temperatures and all cooking, chilling, baking or freezing times. Include all container sizes, e.g., 2 (8 oz.) cans.
4. Abbreviate measurements using the standard abbreviations listed below.

c. – cup	pkg. - package
pt. - pint	oz. – ounce
tsp. – teaspoon	gal. - gallon
T. – tablespoon	qt. – quart
lb. – pound	lg. – large
doz. – dozen	med. – medium
env. – envelope	sm. - small